



# Ellicott-Masten Family YMCA POOL SCHEDULE

Early Winter (November 9th, 2011 – December 17, 2011)

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Closed	Lap Swim 7:05-8:30AM	Lap Swim 7:05-8:30AM	Lap Swim 7:05-8:30AM	Lap Swim 7:05-8:30AM	Lap Swim 7:05-8:30AM	
Closed						Swim Lessons Youth & Adult 9:00AM-1:00PM
Closed		Pool Rental 10-11AM 9/27-12/15		Pool Rental 10-11AM 9/27-12/15		
Closed		Aqua Fit w/Micah 11:30AM-12:15PM		Aqua Fit w/Micah 11:30AM-12:15PM		
Closed		Lunch Lap Swim 12:15PM-1:00PM		Lunch Lap Swim 12:15PM-1:00PM		Open Swim 1:00PM-2:45PM
Closed						
Closed						
Closed		Open & SACC Swim 4:00-6:15		Open & SACC Swim 4:00-6:15	Family/Open Swim 5:45-7:45PM Starting 10/7	
Closed		Aqua Fit w/Richard 6:30-7:15PM		Aqua Fit w/Richard 6:30-7:15PM		
Closed		Open/Lap Swim 7:15-8:00PM	Pool Rental 6:00-7:00PM 10/12-5/9/12 2 <sup>nd</sup> Wed of the Month	Open/Lap Swim 7:15-8:00PM		

**Open Swim – Open to individuals, families, members, lap swimmers...ALL**

**Aqua Fit – Get moving in the natural water resistance and low impact cardio that makes a great workout!!!**

**Lap Swim – Lap Swimmers Only**

**Lessons – Adult and Youth Lessons are available. Call to register. 716-845-5440.**

**Unscheduled Times – Available for birthday parties, rentals (church, youth groups, scouts, etc.) and the like.**

Schedule subject to change. For more information call 845-5440