



We build strong kids, strong families, strong communities.

Main Pool
OPEN SWIM

Summer June 27 –August 18, 2010

www.ymcabuffaloniagara.org (716) 674-9622

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 a.m.							
7 a.m.							
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.	Open Swim 11:00am – 4:45pm	Open Swim 11:30am – 1:00pm		Open Swim 11:30am – 1:00pm		Open Swim 11:30am – 1:00pm	
12 p.m.			Open Swim 12:00 – 12:30pm		Open Swim 12:00 – 12:30pm		
1 p.m.							
2 p.m.							
3 p.m.		Open Swim 4:00 – 6:00pm	Open Swim 4:00 – 6:00pm	Open Swim 4:00 – 6:00pm	Open Swim 4:00 – 6:00pm	Open Swim 4:00-6:00pm	Open Swim 2:00 – 4:45pm
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							
8 p.m.		Open Swim 7:45 – 9:45pm	Open Swim 7:45 – 9:45pm	Open Swim 7:45 – 9:45pm	Open Swim 7:45 – 9:45pm	Open Swim 7:00 – 9:45pm	
9 p.m.							
10:15p.m.							

***Lap Swim Lanes available Monday – Friday 5:30am –9:45pm, Saturday 7:00am – 4:45pm and Sunday 8:00am – 4:45pm.

***2 lap lanes will be used for all open swim times listed above.