



Ken Ton Family YMCA  
**GYMNASIUM SCHEDULE**  
 Winter . Session I (January 2 – February 25, 2012)

FOR YOUTH DEVELOPMENT  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Open Gym</b> 8:00-9:00am	<b>Open Gym #</b> 6:00-8:55 am	<b>Open Gym #</b> 6:00-10:00am	<b>Open Gym #</b> 6:00-8:55 am	<b>Open Gym #</b> 6:00-10:00am	<b>Open Gym #</b> 6:00-8:55am	Boot Camp 8:15-9:00am
Basketball Rental 9:00 – 11:00am	8:55-9:55am Dance Aerobics		8:55-9:55 am Dance Aerobics		8:55-9:55am Dance Aerobics	8:55-9:55am Dance Aerobics
	SilverSneakers® MSROM 10:15-11:00am	SilverSneakers® MSROM 10:15-11:00am	SilverSneakers® MSROM 10:15-11:00am	SilverSneakers® MSROM 10:15-11:00am	SilverSneakers® MSROM 10:15-11:00am	
<b>Open Gym</b> 11:00-2:00pm	SilverSneakers® MSROM 11:15-12:00pm	* Homeschool Program 11:00-2:15pm	SilverSneakers® MSROM 11:15-12:00pm	<b>Open Gym</b> 11:00am-12:15pm	SilverSneakers® MSROM 11:15-12:00pm	Basketball League Games 11:00-6:30pm
* Gym Rental 2:00-3:00pm	Members Adult Basketball 12:00-2:15pm		Members Adult Basketball 12:00-2:15pm		* Summit Program 12:15-3:30pm	
<b>Open Gym</b> 3:00-4:00pm	SACC 2:15-5:00pm	SACC 2:15-5:00pm	SACC 2:30pm-5:30pm	SACC 3:30-5:00pm	SACC 2:15-5:30pm	
	Youth Sports Programs 5:00-7:15pm	Karate Program 5:00-7:15pm	Youth Sports Programs 5:30-6:30pm	Karate Program 5:00-7:15pm	Basketball League Practice 5:30-8:30pm	<b>Open Gym</b> 6:30-8:00pm
	Members Adult Basketball 7:15-9:30pm	Pick-Up Volleyball 7:15-9:00pm	Basketball League Practice 6:30-8:00pm	Members Adult Basketball 7:15-9:30pm	<b>Open Gym</b> 8:30-9:30pm	
		<b>Open Gym</b> 9:00-9:30pm	<b>Open Gym</b> 8:00-9:30pm			

**KEY:**

SACC: School Aged Child Care Program

# Denotes on the following days Open Gym will not be available: January 2 & 16, February 20-24

\* Denotes if there is no class / rental that day the gym is available for Open Gym time.