



We build strong kids, strong families, strong communities.

**Main Pool**  
**OPEN SWIM**

Winter January 3, 2010-February 27, 2010

[www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org) (716) 674-9622

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 a.m.							
7 a.m.							
8 a.m.							
9 a.m.							
10 a.m.							
11 a.m.	Open Swim 11:00am – 6:45pm	Open Swim 11:00am – 1:00pm		Open Swim 11:00am – 1:00pm		Open Swim 11:00am – 1:00pm	
12 p.m.			Open Swim 12:00 – 1:00pm		Open Swim 12:00 – 1:00pm		
1 p.m.							
2 p.m.							
3 p.m.		Open Swim 3:00 – 6:00pm	Open Swim 2:30 – 6:00pm	Open Swim 3:00 – 6:00pm	Open Swim 2:30 – 6:00pm	Open Swim 3:00-6:00pm	Open Swim 2:00 – 6:45pm
4 p.m.							
5 p.m.							
6 p.m.							
7 p.m.							
8 p.m.		Open Swim 7:45 – 10:15pm	Open Swim 7:45 – 10:15pm	Open Swim 7:45 – 10:15pm	Open Swim 7:45 – 10:15pm	Open Swim 7:00 – 10:15pm	
9 p.m.							
10:15p.m.							

\*\*\*Lap Swim Lanes available Monday – Friday 5:30am –10:15pm, Saturday 7:00am – 6:45pm and Sunday 8:00am – 6:45pm.

\*\*\*2 lap lanes will be used for all open swim times listed above.