



YMCA

We build strong kids,
strong families, strong communities.

YMCA BUFFALO NIAGARA

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For immediate release – 2/11/09 (716) 565-6000 ext. 112

Northeast YMCA Offers Parents Night Out

(Amherst, NY) - The Northeast Family YMCA Branch is pleased to offer **Parent's Night Out on Friday, March 13, 2009**. This program allows parents to enjoy a night out while their children have a blast at the YMCA! Children will enjoy swimming, gym games, and a special St. Patrick's Day craft project! Parents night out is offered between 6:30 - 9:00 p.m. that evening and is appropriate for children between the ages of four and twelve years old. The cost is \$5.00 per child for YMCA members and \$12.00 per child for non members. **Registration is required by Wednesday, March 11 to ensure proper staffing!** For more information or to register please contact the Northeast Family YMCA Branch at 839-2543.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. As a dynamic, charitable, community-based organization led by volunteers, YMCA Buffalo Niagara has been able to assist tens of thousands of youth, families, and senior citizens so that they can take part in YMCA membership programs.

YMCA Buffalo Niagara serves more than 50,000 people annually through its association of eight branches across Western New York. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at www.ymcabuffaloniagara.org.

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