



For Immediate Release: 2/5/10
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The Ken-Ton YMCA- The Place for Preschool!

(Kenmore, NY) – The Ken-Ton Family YMCA is pleased to offer a wide variety of programming for your preschooler this winter and early spring. Join us for Music and Movement, YPlayhouse, Spanish, Little Chefs or our Toddler/Preschool University series.

Music & Movement will allow you child to sing and dance and create as they explore the world of music and movement. With a variety of instruments, children will learn how to create and appreciate music. Dancing to a wide variety of sounds get the class moving and grooving! Children ages 2-3 years of age can enjoy the class with a parent while children ages 4 – 5 years of age can take part in the class with or without a parent. The class takes place on Saturday mornings from 10:00-10:30 a.m. and is \$28 for YMCA members and \$42 for non-members. (Price reflects no class on February 20, 2010.)

YPlayhouse is ideal for your 3-6 year old as they enjoy games, friends, circle time, stories, and arts & crafts. There are even learning centers for discovery in math, science, drama, music & more. Programs are available Monday-Friday from 9:00-11:30 am and are \$12 for YMCA members and \$18 for non members.

Why not get a jumpstart on their language skills and enroll your child in **Spanish** at the YMCA. Your 3-5 year old will sing, move, and create his or her way through this preschool structured curriculum learning various Spanish words, phrases, and cultural information! Classes take place on Thursdays from 9:30-10:30 am and are \$28 for YMCA members and \$42 for non-members. (This price reflects no class on February 18, 2010.)

Kids love food. Even more, they love to help make it. The YMCA's **Little Chefs** class features simple and healthy recipes that can be prepared easily by children 3-5 years old. In addition, the kids will learn valuable skills including healthy food habits, mathematics, following directions, and cooperation, plus they get to eat the yummy treats they prepare! Classes are held on Saturdays from 11:00-11:45 am and are \$28 for YMCA members and \$42 for non-members. (Price reflects no class on February 20, 2010.)

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Our **Toddler and Preschool University** classes will provide a variety of hands-on activities centered around a common theme that you and your little one will enjoy. Classes are structured for 1 ½ to 5 year olds, and incorporate crafts, story time, songs, games and more! Let YMCA staff help open up new friendships and fun. Join us for **Winter Wonderland 101** (1 ½-3 year olds (parent required)) on Wednesdays from 9:30-10:30 am or **Winter Wonderland 201** (3 ½ - 5 year olds (parent optional)) on Wednesdays from 10:45-11:45 a.m. The cost to take part in either program is \$28 for YMCA members and \$42 for non members.

Locally founded in 1852, YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. The YMCAs focus on health and wellness is reflected in the variety of programs that we offer for all ages and abilities. Additionally collaborations with insurance carriers such as Univera, Independent Health, and BlueCross BlueShield provide the opportunity for those wanting to take the first step toward a healthier lifestyle to do so at the YMCA.

A not for profit organization, YMCA Buffalo Niagara serves over 100,000 people annually through the seven branches located throughout Western New York, YMCA Camp Weona, as well as at over 40 community based program sites. This tremendous outreach would not be possible without the support of our volunteers. From summer camp, preschool and school age child care to SilverSneakers®, youth sports programs and swimming lessons-there is something for everyone at the YMCA. For more information visit us online at www.ymcabuffaloniagara.org

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