



For Immediate Release: 6/8/09
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Area YMCA's Offers Backyard Swim Lessons

(Buffalo, NY) – YMCA Buffalo Niagara is pleased to offer a unique and convenient way for your children to learn how to swim this summer, in your very own pool! Backyard swim lessons allows you the flexibility to choose the day and time of your lesson. Private and semi-private as well as group lessons are available. Classes will be taught for one-half hour and are ideal for children ages 3 – 12 years of age. Participants must be of similar swimming ability and specific pool requirements must be met. Contact the **Lancaster Family YMCA** at 684-2395, **Northeast Family YMCA** at 839-2543 or **Southtowns Family YMCA** at 674-9622 today or visit us online at www.ymcabuffaloniagara.org for more information.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at www.ymcabuffaloniagara.org.

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