



YMCA

We build strong kids,  
strong families, strong communities.

**For Immediate Release: 8/10/09**

**Contact: Kathy Vallone, Communications Director, YMCA Buffalo Niagara**

**Phone: 565-6000 ext. 112**

## **YMCA Buffalo Niagara Teams up With AmeriCorps**

(Buffalo, NY) – YMCA Buffalo Niagara is pleased to be collaborating with AmeriCorps ABLE (AmeriCorps Builds Lives Through Education) Recovery Program to provide quality programming for Western New York Youth.



Thirty-two AmeriCorps workers have been assisting at all seven branches of YMCA Buffalo Niagara as well as YMCA Camp Weona. Volunteers have been working as Senior Counselors responsible for delivering educational activities and character development activities to campers. They oversee the health and safety of the campers and also supervisor Junior Counselors as well.

AmeriCorps Builds Lives Through Education (ABLE) is a national service program that strives to improve the educational environments of our region's youth through tutoring, one-on-one student guidance, and non-profit capacity building. ABLE members gain invaluable experience immersing themselves in a culture of service.

- more -

*AmeriCorps and YMCA Team Up*

*Page 2 of 2*

“Working with ABLE volunteers has been a wonderful experience. Everyone involved, from the kids to the adults, truly benefit from this collaboration,” said Debra Grzybek, Human Resource Director for YMCA Buffalo Niagara.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. As a dynamic, charitable, community-based organization led by volunteers, YMCA Buffalo Niagara has been able to assist tens of thousands of youth, families, and senior citizens so that they can take part in YMCA membership programs.

YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York and YMCA Resident Camp Weona. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at [www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org).

###