



We build strong kids, strong families, strong communities.

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## New Programming offered at Northeast YMCA *Girls Get their Game Faces On!*

(Amherst, NY) –Now girls ages 7- 10 years old can learn a variety of sports thanks to Northeast's **NEW** all Star Girls Program. Offered Tuesday evenings from 6:30-7:30 pm girls will gain new skills and learn various rules and techniques of basketball, hockey, badminton and other popular team sports. The cost is \$38 for YMCA members and \$48 for non-members.

Other youth sports programs being offered this fall beginning September 12 – October 31, 2009 include Sports and Splash, Pee Wee Tumblers, Pee Wee Hockey, all ideal for children ages 3-5 years old. For children ages 3-6 years old why not enroll in Pee Wee Soccer or Pee Wee T-Ball or better yet why not try out the Pee Wee Package program which allows your child to take part in 1, 2 or all 5 Pee Wee weekly classes.

For youth ages 7 – 11 years old there is instructional youth basketball practice and play, while children 7-10 years old can take soccer, and 6-8 year olds and 9-11 year olds can learn all the ins and outs of hockey,

Have a creative crew? Why not have your 2-4 year old take part in messy play or the **NEW** Kids Create program for children ages 4-12 years old. Children will enjoy a variety of activities such as crafts, cooking, games, music, physical exercise and more! Classes are offered on Thursday evenings from 6:30-7:30 pm at a cost of \$12 per child for YMCA members and \$35 per child for non members.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at [www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org).

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