



YMCA

We build strong kids,  
strong families, strong communities.

**YMCA BUFFALO NIAGARA**

Contact: Kathy Vallone, Communications Director

FOR IMMEDIATE RELEASE – 9/5/09

(716) 565-6000 EXT. 112

**ELLICOTT-MASTEN & SOUTH TOWNS FAMILY YMCA BRANCHES  
TO HOST  
NFL PUNT, PASS & KICK COMPETITION**

(Buffalo, NY) - Young pro football fans will have the opportunity to exhibit their football skills when the Ellicott-Masten and Southtowns Family YMCA branches host their annual NFL Punt, Pass & Kick competitions. The NFL Punt, Pass & Kick football competition allows youngsters to showcase their talents in punting, passing, and place kicking with scores based on distance and accuracy. **The competitions are free and are open to boys and girls ages 8-15.** **Please see below for a listing of times/dates/locations for each competition:**

<b>Date:</b>	<b>Time</b>	<b>Location</b>	<b>YMCA Host</b>
9/12	10:00 am	Southtowns YMCA	Southtowns YMCA
9/19	9:00am – 12:00	Ellicott-Masten YMCA	Ellicott-Masten YMCA

The top finishers from each of the eight age groups at the local competition will advance to the sectional competition. The winners at the sectional competition will have their scores compared with other sectional champions; the top five scorers from the pool of sectional champions advance to the Buffalo Bills Team Championship held at Ralph Wilson Stadium on November 1, 2009 when the Bills will take on the Houston Texans.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. As a dynamic, charitable, community-based organization led by volunteers, YMCA Buffalo Niagara has been able to assist tens of thousands of youth, families, and senior citizens so that they can take part in YMCA membership programs.

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Punt, Pass & Kick

Page 2 of 2

YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York and YMCA Resident Camp Weona. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at [www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org).

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