



For Immediate Release: 8/31/09

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## Get into the Swing of Things at Northeast YMCA *Adult Racquetball and Badminton Offered*

(Amherst, NY) – The Northeast Family YMCA invites you to get into the swing of things by taking part in racquetball and badminton! Men’s and women’s racquetball flex leagues are available and games and player match-ups are arranged and scheduled by participants and a flex league coordinator. Enjoy the challenge of a new player each week! The program runs for 14 weeks (September 13 – December 19) and there is no charge for YMCA members and \$100 cost for non-members for the men’s league and there is no charge for YMCA members and a \$50 fee for non-members interested in the women’s league.

Badminton is making a comeback and will be starting at the Northeast YMCA beginning October 10-December 19<sup>th</sup>. Individual’s ages 11-15 years old can plan between 4:00-5:00 pm at the cost of \$35 for members and \$50 for non members and players 16 years old and up can take part between 5:00-7:00 pm at a cost of \$50 for members and \$65 for non-members.

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at [www.ymcabuffaloniagara.org](http://www.ymcabuffaloniagara.org).

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