



YMCA

We build strong kids,
strong families, strong communities.

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Contact: Sue Lumadue, Executive Director
Phone: 875-1283

DON'T MISS Y ARTS WEEK AT THE DELAWARE YMCA *Running now until October 11th!*

(Buffalo, NY) — In an effort to help more people realize the positive benefits that the arts have on youth and adults, the Delaware Family YMCA invites the North Buffalo community to celebrate Y Arts Week, Oct. 5-11, 2009 – an annual event showcasing the YMCA's arts programming and Buffalo's talented youth and adult artists. In conjunction with National Arts and Humanities Month, the Delaware YMCA joins more than 300 YMCAs across the country in promoting arts-friendly schools, homes and neighborhoods.

“More and more we are seeing that budget constraints can make it difficult for schools and community organizations to provide arts programming to area residents,” said Sue Lumadue, Executive Director for the Delaware Family YMCA. “As an organization committed to helping individuals learn, grow and thrive, the YMCA is thrilled to supplement programs that help build the character and talents of people.”

Arts and humanities play an important role in youth development. Research shows that youth are able to express themselves more freely through the arts — contributing to a healthy spirit and mind. Young people engaged in the arts also tend to perform well academically and receive high marks on standardized tests.

To learn more about Y Arts Week, contact the Delaware Family YMCA at 875-1283 today!

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body.

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Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at www.ymcabuffaloniagara.org.

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