



For Immediate Release: 10/22/09
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Delaware Family YMCA Offers Competitive Volleyball League

(Buffalo, NY) – Join the Delaware Family YMCA for their competitive volleyball league which begins December 5, 2009 and runs until February 6, 2010. (Teams will be provided with a schedule of match times at the first meeting.) Participants must be of high school age or older. Competitions take place on Saturdays from 6:00-10:00 pm at the Delaware Family YMCA located at 2564 Delaware Ave., Buffalo. The cost is \$300 per team and high school coaches and volleyball officials are encouraged to register their team today! For more information contact Shauna Parkinson, Program Director for the Delaware Family YMCA at 875-1283 today!

YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body. Founded locally in 1852, the YMCA is committed to significantly expanding a fiscally sound, service delivery organization which delivers high quality, market driven services to a growing Western New York constituency.

As a dynamic, charitable, organization, YMCA Buffalo Niagara has been able to assist countless youth, families, and senior citizens so that they may benefit from YMCA programming. YMCA Buffalo Niagara serves more than 100,000 people annually through its association of seven branches across Western New York, YMCA resident Camp Weona as well as 40 community based program sites. From fitness to school age child care programs, swimming lessons to camp, there is something for everyone at the YMCA. For more information on all of the programs the YMCA has to offer and our financial assistance program, please contact your local YMCA branch or visit us online at www.ymcabuffaloniagara.org.

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