

CODE OF CONDUCT

Dress Code

- Soccer teams must submit three jersey color choices. Team colors will be given out on a first come first serve basis.
- Teams are required to provide their own jerseys
- All players must wear clean athletic shoes.
- Participants must remove all jewelry before playing.
- No hats are permitted.
- Attire deemed offensive in terms of wording, size and cut by YMCA staff may not be worn.

Conduct/Behavior

- Inappropriate language and gestures will not be tolerated and could result in removal from the game and or the League/YMCA.
- Players will respect all rulings by officials.
- Players will be responsible for the conduct of themselves and their teammates.
- Players will display sportsmanship and values to fellow participants and YMCA staff.

General Team Guidelines

- Teams must submit a complete roster prior to the first game of the season.
- Rosters for all leagues will consist of no more than 10 players.
- Every player must submit a YMCA Family Data sheet one week prior to the first game.
- Players will be required to show a league card to gain access to the building.
- Any person who is not registered and does not possess their league card will not be allowed to enter the building.
- Each player must check-in with the league official before game play can begin.
- Roster substitutions will not be accepted after the third week of league play.
- Players are not permitted to bring guests unless they follow the YMCA guest policy.

SOUTHTOWNS FAMILY YMCA
1620 Southwestern Blvd.
West Seneca, NY 14224
716-674-9622



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLAY HARD HAVE FUN

Co-Ed Adult Leagues
SOUTHTOWNS FAMILY YMCA



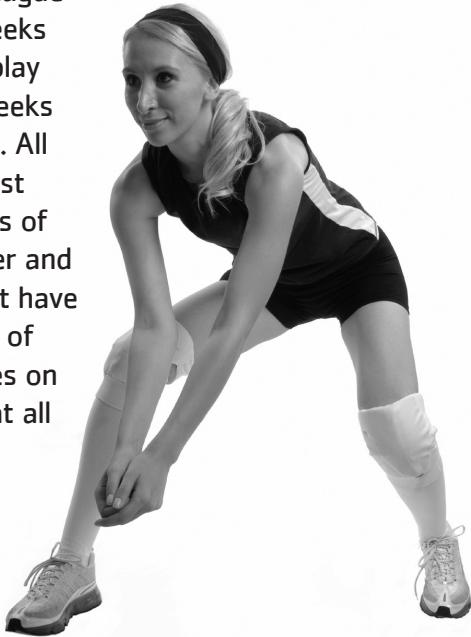
VOLLEYBALL

League: Jan. 9 - March 19, 2012 (Mondays)

Registration: Ends Dec. 19

Cost: \$250/\$270

Co-Ed Recreational Adult Volleyball is a 12-week league with 10 weeks of league play and two weeks of playoffs. All players must be 18 years of age or older and teams must have a minimum of two females on the court at all times.



SOCCER

League: Jan. 27 - May 6, 2012 (Sundays)

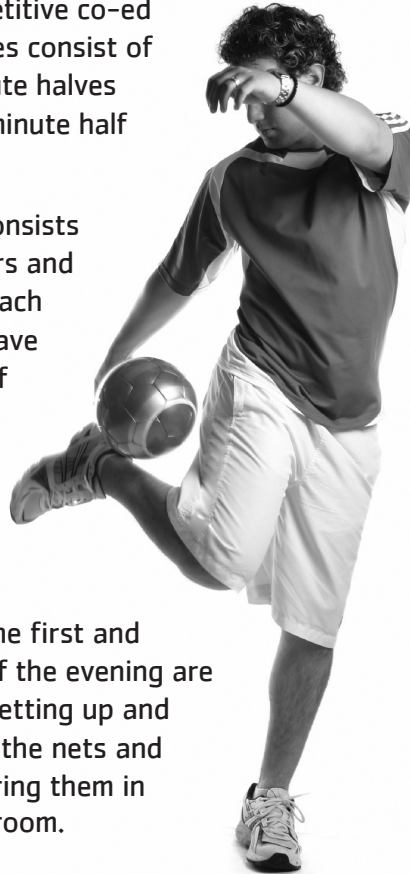
Registration: Ends Jan. 14

Cost: \$330/\$360

Recreational Adult Soccer is a non-competitive co-ed league. Games consist of two 25-minute halves with a five-minute half time.

Each team consists of five players and one goalie. Each team must have a minimum of one woman on the field at all times.

Both teams involved in the first and last games of the evening are to assist in setting up and taking down the nets and properly storing them in the storage room.



SOUTHTOWNS FAMILY YMCA Adult League Registration Form

Sport: Volleyball Soccer

Team Name: _____

Team Captain: _____

Address: _____

City/State: _____

Zip: _____

Phone: (H) _____ (W) _____

E-mail: _____

Jersey Color: 1 _____ 2 _____ 3 _____

Roster (Include name, phone number and shirt size)

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

REGISTRATION

All teams and their players must be registered together by the team captain. Individuals may contact the sports director to be placed on a team that may be in need of extra players.

The attached registration form must be filled out completely at registration. Additions/changes to the team roster may be made up to the third week of play.