



**YMCA Camp Weona
Lunch Salad Bar**

Standard Items:

Lettuce
Celery
Tomato
Chinese Noodles
Cucumbers
Vinaigrette
Sprouts
Chick Peas
Croutons
Shredded Cheese

Rotating Items:

3- Bean Salad
Tuna Salad
Egg Salad
Bacon Bits
Cottage Cheese
Peaches
Mandarin Oranges
Hummus
Seasonal Fruit

Dressings:

Catalina
Italian
Ranch
Blue Cheese
Balsamic

Alternate:

Asian Sesame
Golden Italian



YMCA Camp Weona Dinner Salad Bar

Standard Items:

Lettuce
Celery
Tomato
Chinese Noodles
Cucumbers
Vinaigrette
Sprouts
Chick Peas
Croutons
Shredded Cheese

Rotating Items:

Cut Chicken Patties* or
Cut Chicken Breasts*
Pasta Salad
Baby Carrots
3- Bean Salad
Tuna Salad
Egg Salad
Bacon Bits*
Hummus
Fruit Salad
Seasonal Fruit

Dressings:

Catalina
Italian
Ranch
Blue Cheese
Balsamic

Alternate:

Asian Sesame
Golden Italian

*(Only served after a subsequent meal that has offered these items)