



YMCA Camp Weona Stuff You Need To Know About Camp

YMCA of the USA Mission Statement:

"To put Christian principles into practice through programs that build a healthy spirit, mind and body for all."

YMCA Buffalo Niagara Mission Statement:

"YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of spirit, mind, and body."

YMCA VISION STATEMENT:

"For Youth Development, For Healthy Living, For Social Responsibility"

YMCA Core Values:

Honesty, Caring, Respect & Responsibility (and Friendship)

CAMPER: The reason we have camp. If you are coming to camp to help campers have a great time, then you are here for the right reason. They are our focus and primary reason for having you here.

LEADER-IN-TRAINING 1 and 2: (LIT 1, LIT 2) Exactly what it says, these are leaders who are learning to be camp leaders. They have some privileges that campers do not.

LEADER-IN-TRAINING 3: (Formerly CIT) The final step after LIT 1, LIT 2 and on a path to LEADERSHIP at Camp. Please note the LIT 3s have some privileges that campers do not but are still considered campers. For example, they must follow the Truddy rule (see below for the Truddy rule).

WEEKEND CAMP: This is what bridges session for campers and LITs to stay from one week to the next. It is actually a return to a time honored tradition at YMCA Camp Weona previously known as inter sessions.

PRIMARY STAFF: This term is used interchangeably with Jr. Leaders, Cabin Leaders and Activity Leaders.

JUNIOR CABIN LEADER: A 16-17-year-old who is not old enough to be a full leader, will be paired up with a Cabin Leader and have a cabin group.

CABIN LEADER: Anyone over 18 who is in charge of a cabin group.

UNIT LEADER SUPPORT STAFF: This is the staff person responsible for cabin groups. Leaders report to them with daily meetings, camper issues, and other concerns as well as quiet time, reflections, and meal time.

PROGRAM ACTIVITY STAFF: The staff that runs the program areas (i.e.: archery, lake, pool, ropes course, etc.) but are also cabin leaders and have cabin group responsibilities.

HEALTH CARE PROVIDER/NURSE/MEDIC: The person (s) you see for medications and all health care concerns in camp. All medications, vitamins, prescriptions you bring must be turned into the nurse.

SUPPORT STAFF: Made up of the staff members who support and supervise our primary staff. They meet daily and set the tone for camp. These people make camp happen in regards to keeping things going – supporting cabin and activity leadership as well as our Campers and LITs.

SUMMER CAMP PROGRAM COORDINATOR: The person who directs all programs at camp. All support staff report to this person.

CAMP EXECUTIVE DIRECTOR: The person whose overall responsibility is the YMCA Camp Weona.

FELLOWSHIP TIME: Every day staff will have time off to run errands, sleep, hang out in the lounge, read or take a break away from campers. This is for Leaders only.

CURFEW: The time you will be in your cabin in your bunk. No exceptions.

MORNING WATCH: Morning devotions together at the chapel overlooking the lake. Everyone attends together. The DAILY THEME is set at morning watch.

REFLECTIONS/DEVOTIONS: Closing thoughts, readings, circle prayers, or stories together as a cabin group after everyone is ready for bed. This nighttime ritual helps campers conclude on a peaceful and positive note, tying the day's theme together. Devotions are free of ghost stories and joke telling. We will offer training in this, or you may use your own ideas as long as you clear with the cabin life support staff.

TRUDDY: A group of three people who stay together when moving from one area to another. This group may be comprised of three campers when staying in the sight of leaders, however, if the group is going out of sight (i.e. the restroom) a Primary Staff member must be present.

FRECKLE CHECK: What we call a lice check at camp to make it sound less intimidating.

POOL PARTY: What we call swim test because camp is fun and it should not sound school-like.

LEADER MEETINGS/DEBRIEF: Scheduled as needed and coordinated by Support Staff.

CABIN QUIET TIME: All members of group should be together in their cabins unless otherwise arranged. Take this time to straighten up, locate belongings, read announcements together, answer questions, plan ditties, skits, sing and practice new songs, plan other activities, etc. Intended as a quiet time.

CAMPFIRE CEREMONY: The opening and closing night ceremony at camp.

ACA: The American Camp Association that sets the minimal industry standards for camping. The YMCA Camp Weona is a voluntary member and accredited by ACA.

OTHER STUFF: It is your responsibility to clarify anything that you may not understand or know about. If you have a question, chances are someone else does too. Please ask for clarification about things, it will make camp a better place.

RULES/CODE OF CONDUCT: It is also your responsibility to follow all rules and the code of conduct. These rules are made up to comply with all laws relating to camp, the American Camp Association standards and YMCA policies as set forth by the YMCA Board and committees related to camp. If you observe other staff and volunteers breaking code and rules, it is your responsibility to let the camp directing team know what is happening.

THINGS YOU NEED TO BRING TO CAMP:

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| <input type="checkbox"/> Sleeping Bag/Bedding | <input type="checkbox"/> Pillow & Case |
| <input type="checkbox"/> Personal Hygiene Items | <input type="checkbox"/> Bath Towel |
| <input type="checkbox"/> Pool Towel | <input type="checkbox"/> Bathing Suit (No Cut Offs or Two Pieces) |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Squeeze bottle for drinking | <input type="checkbox"/> Soap (in container) |
| <input type="checkbox"/> Hairbrush | <input type="checkbox"/> Shampoo & rinse (plastic bottles) |
| <input type="checkbox"/> Hair accessories | <input type="checkbox"/> 1-2 Hawaiian Shirt (A must for all social events) |
| <input type="checkbox"/> 7 to 9 pairs of underwear | <input type="checkbox"/> 7 to 10 pairs of socks |
| <input type="checkbox"/> 2 – 3 pairs of old durable jeans | <input type="checkbox"/> 6 t-shirts (make sure to bring core value's colors of blue, red, yellow, green & orange) |
| <input type="checkbox"/> 2 sweatshirts | <input type="checkbox"/> 5 pairs of shorts |
| <input type="checkbox"/> 3 pairs of durable shorts | <input type="checkbox"/> 2 pairs of athletic shoes |
| <input type="checkbox"/> 1 pair of shoes with a heel for horseback | |
| <input type="checkbox"/> 1 pair of Crocs (or other closed toed shoe for lake, pool, and showers) | |
| <input type="checkbox"/> 1 CamelBack Style Pack for water | |
| <input type="checkbox"/> Sleep wear | <input type="checkbox"/> Poncho or Raincoat (It rains a lot) |
| <input type="checkbox"/> Flashlight | <input type="checkbox"/> Laundry Bag & Supplies (Detergent, fabric softener, etc.) |

FUN THINGS:

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| <input type="checkbox"/> Musical instruments (i.e. guitars) | <input type="checkbox"/> Camp/Lawn chair |
| <input type="checkbox"/> Bible | <input type="checkbox"/> Books/Magazines/Cards |
| <input type="checkbox"/> Backpack/Daypack | <input type="checkbox"/> Writing paper/pens/pencil |
| <input type="checkbox"/> Camera (Disposable) | <input type="checkbox"/> Envelopes & stamps |
| <input type="checkbox"/> Baseball glove or mitt | <input type="checkbox"/> Shirts or accessories to represent your home state or college |
| <input type="checkbox"/> Cell Phone/Pre-Paid Phone Card | <input type="checkbox"/> MP3s, iPODS, Laptop (We have WIFI at Hyde Lodge during your fellowship time) |
| <input type="checkbox"/> Any Fun Costume (retro/80's clothes, crazy hats & accessories) | |
| <input type="checkbox"/> Anything that will fit the rustic feel of camp and make your campers more comfortable (ask first) | |
| <input type="checkbox"/> Anything from your native country (including a flag for display in the dining hall) that may be shared with campers. | |

THINGS YOU MUST HAVE: (NON-NEGOTIABLE)

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| <input type="checkbox"/> Hat | <input type="checkbox"/> Lip Balm |
| <input type="checkbox"/> Sunscreen (SPF 30 minimum) | <input type="checkbox"/> Bug Repellent (Lots) |
| <input type="checkbox"/> Enough money to last until your first paycheck (about 3-4 weeks) | |
| <input type="checkbox"/> ID/Social Security Card/Passport | |

DO NOT BRING*:

Open Toed Shoes

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| <i>Pets</i> | <i>Firecracker/Safe and Sane Fireworks</i> |
| <i>Firearms</i> | <i>Radios/TVs</i> |
| <i>Illegal substances</i> | <i>Expensive / Irreplaceable items</i> |
| <i>Illegal Drugs</i> | <i>Drugs of any kind (Unless prescribed and checked with medic)</i> |
| <i>Alcohol</i> | <i>Weapons/Knives</i> |

*Please note that these items are prohibited and will be confiscated and may result in violation of code of conduct and may be subject to termination.