



YMCA CAMP WEONA OUTDOOR EDUCATION CENTER!

www.campweona.org

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YMCA CAMP WEONA OUTDOOR EDUCATION CENTER!

This program guide's design is to assist leaders in planning an exciting and memorable experience at YMCA Camp Weona. Our program's intent is to be an extension of your school's curriculum. Full participation in the planning process and in the program experience will ensure that you and your group will get the most out of your visit to YMCA Camp Weona. We will work with you to design an Environmental Education Program, an Adventure Program or some combination of the two to suit your needs and interests. Our staff is highly trained and ready to help make your groups stay at YMCA Camp Weona rewarding, fun and educational.

You are welcome to photocopy any part of this guide in preparation for your visit. You may also want to put together an information packet for your school to insure that students, staff and parents are well informed.

YMCA MISSION STATEMENT

"The YMCA Buffalo Niagara is an inclusive association of people committed to a common effort to help individuals and families reach their fullest potential in terms of Spirit, Mind and Body."

YMCA Camp Weona Goals Environmental Education/Adventure Programs

1. To foster increased self-esteem and a positive self-concept by giving all students a chance to succeed in a non-graded and supportive environment. Goal-setting, awareness of self as a unique member of a team, safe "risk-taking" and discovering personal strengths is stressed.

2. To strengthen social relationships between:
 - teachers and students
 - students and peersby using team task experiences and group living with a focus on communication, cooperation and building respect for other's differences.

3. To encourage active participation in outdoor activities, enabling students to understand and appreciate the relationship between themselves and the natural environment.

4. To involve students in activities which promote an increased sense of responsibility, initiative and independence.

5. To promote an appreciation for learning and inquiry through hands-on, experiential activities.

6. To develop creative problem solving skills that contributes to group decision making and leadership.

7. To reinforce concepts being taught in school curriculum relating to environmental science, mathematics, language and creative arts, physical education and the social sciences.

**YMCA Camp Weona
Statement of Purpose and Goals
Planning Sheet**

It is important for a successful experience that groups identify the purpose of their trip to Camp Weona's Outdoor Education Center and that they determine goals that they would like to achieve. Do you want to focus on group dynamics, environmental awareness, environmental/natural science, historical studies, recreation, leadership development, etc.? Our Executive Director or Program Director can help you make the appropriate curriculum and schedule choices to meet your purpose and goals.

Purpose: Indicate the main focus/reason for your group's visit to Camp Weona Outdoor Education Center.

Goals: Indicate what you expect to accomplish with your group through an environmental Education/Adventure Program experience. (Goals are often both short and long term and frequently include both individual and group objectives.)

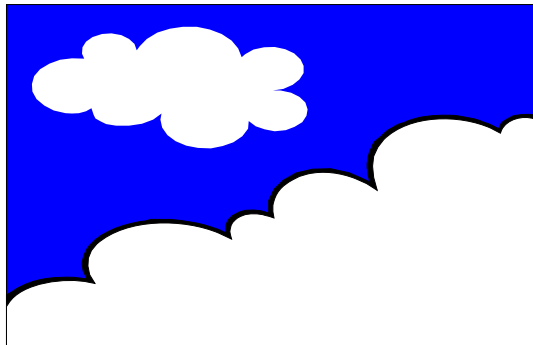
Sample Schedules

On the next several pages you will find a series of sample schedules. These schedules can give you an idea of what can be done in a given time period. They are by no means the only options; arrival and departure vary as do the number and length of rotations. Our goal is to help to make a schedule that meets the needs of your group. Please call to discuss the schedule for your trip.

Sample Day Trip

- 10:30 Arrival/Introductions
- 10:45 Ice Breakers
- 11:15 – 12:45 Rotation I
- 12:45 – 1:15 Sack Lunch
- 1:30 – 3:00 Rotation II
- 3:15 – 4:45 Rotation III
- 4:45 Debrief/Evaluations
- 5:00 Depart

	Group A	Group B	Group C
I	Teambuilding	Canoeing	Outdoor Living Skills
II	Outdoor Living Skills	Teambuilding	Canoeing
III	Canoeing	Outdoor Living Skills	Teambuilding



Sample Overnight Trip

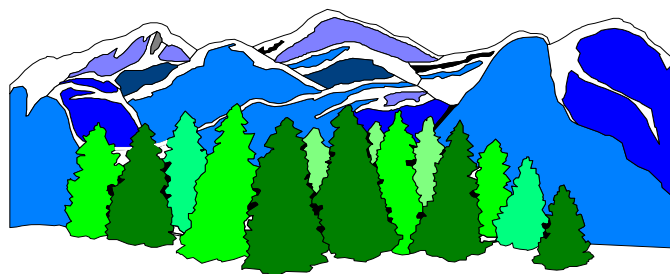
First Day (Arrival)

9:30 Arrival/Introductions/Unpack
 10:00 Ice Breakers
 10:30 – 12:30 Rotation I
 12:45 Lunch
 1:30 – 3:30 Rotation II
 3:45 – 5:45 Rotation III
 6:00 Dinner
 7:00 Problem Solving Activity
 8:30 Camp Fire
 9:30 Snack
 10:00 In Village
 10:30 Lights Out

Second Day (departure)

7:30 Wake UP
 8:30 Breakfast
 9:15 – 11:15 Rotation IV
 11:30 Lunch
 12:15 – 2:15 Rotation V
 2:30 Debrief/Evaluations
 3:30 Depart

	Group A	Group B	Group C	Group D
I	Group	Climbing Wall	Forest Ecology	Canoe/Pond
II	OLS	Group	Climbing Wall	Forest Ecology
III	Forest Ecology	OLS	Canoe/Pond	Climbing Wall
IV	Climbing Wall	Canoe/Pond	Group	OLS
V	Canoe/Pond	Forest Ecology	OLS	Group



Sample 3 Day/2 Night



Day 1:

10:30 a.m. Arrive and unpack
11:30 Go over schedule & expectations
12:00 p.m. Icebreakers
1:00 Lunch
2:00 Rotation I
4:00 Rotation II
6:00 Dinner
7:00 Journals/Shower time
8:00 Creative Problem Solving
9:00 Snack
9:15 Campfire
10:30 In villages
11:00 In cabins
11:30 Lights out

Day 2:

7:30 a.m. Wake-up
8:30 Breakfast
9:30 Rotation III
11:30 Group Games & Initiatives
1:00 p.m. Lunch
2:00 Rotation IV
4:00 Rotation V
6:00 Dinner
7:00 Journals/Shower time
8:00 Creative
Dramatics
9:15 Snack
9:30 Night Hike/Star
Study
10:30 In villages
11:00 In cabins
11:30 Lights out

Day 3:

7:30 a.m. Wake-up
8:00 Pack & clean cabins
9:00 Breakfast
10:00 Closure Session
12:00 Lunch
12:45 Load bus
1:00 Depart

Rotations

Day 1	Day 2
Team Building	Outdoor Living Skills
Forest Ecology	Climbing Wall
Canoeing & Pond Study	Orienteering

Environmental Education/Adventure Programs Curriculum Offerings



Ropes Course/Teambuilding

- *Low Ropes Initiative Course
- *High Ropes Challenge Course
- *Indoor Climbing Wall
- *Indoor Challenge & Initiative Activities
- *Outdoor Climbing Tower (& zip line)

Adventure Programs

- *Cross-Country Skiing
- *Snow Shoeing
- Orienteering (Map & Compass)
- *Canoeing
- Outdoor Living Skills (OLS)
- *Horseback Trail Rides (Memorial & Labor Day)

Environmental Education

- Forest Ecology
- Pond/Stream Study
- Animal Habitats
- Tree Identification
- Sensory Awareness Activities
- Animal Tracking
- Nature Crafts
- Discovery Hike
- Nature Scavenger Hunt

Recreational Programs

- *Swimming
- Fishing
- Arts & Crafts
- New Games
- *Archery
- Athletics

Evening Programs

- Night Hike/Star Gazing
- Campfire
- Creative Dramatics
- Values Clarification
- Creative Problem Solving

Historical/Cultural Studies

- Pioneer Life
- *Farm Animals
- Log Books/Journals

(Those programs marked with a * must be run by Weona Staff.)

YMCA Camp Weona Class Summaries



Environmental Education

Forest Ecology

Goals:

- To help students gain an understanding of the interdependence of all living things
- To learn/review some important ecological concepts
- To gain an appreciation of the natural environment through observation, exploration and games

Students will discover life in a forest through hands on activities and games. Concepts such as habitats, food webs, adaptation, predator/prey relations, succession, and food pyramids are learned. This is an exciting, active, outdoor class that involves every student in exploration and discovery of their natural world.

Pond/Stream Study

Goals:

- To expose students to life forms in and around an aquatic area
- To stimulate interest in microscopic life forms
- To learn scientific techniques for observing, gathering, and recording data

Students explore a pond and/or stream environment with hands-on collecting and observation of aquatic life. Students will then have the opportunity to identify their findings using various available resources. Discussion centers around the pond or stream as an aquatic ecosystem.

Animal Habitats

Goals:

- To help students gain an understanding of animal habitats
- To explore and discover animal signs in an undisturbed area
- To introduce students to ways animals interact with the environment

After a discussion of animals native to Camp Weona and their habitats, students explore various areas in search of animal homes and signs. Making observations, recording data and drawing conclusions are all a part of this class as students discover the exciting and seldom seen world of Weona's animals.

Tree Identification

Goals:

- To learn basic tree identification with a tree key
- To gain awareness and appreciation of trees in the area
- To work with gathering and interpreting data

Students are given basic instructions on how to read a tree identification key and then are sent into the forest to solve a tree mystery. Students work with leaves, bark, and twigs to identify common trees. The purpose of this class is not just memorizing the names of trees but rather the class emphasizes teaching students how to gather information interpret data and use deductive reasoning.

Sensory Awareness Activities

Goals:

- To increase students' awareness of their environment
- To increase awareness of student's own values
- To encourage empathy of other's values and respect for differences
- To increase opportunities for teamwork/cooperation

Working in the outdoors, students combine awareness of the environment with awareness of other people and themselves. Activities may include sensory experiences in a forest, blind trust hikes, meeting a tree, nature art and journal writing or other language arts activities.

Animal Tracking (Winter/Spring)

Goals:

- To learn to identify tracks of animals common to Weona
- To gather information on tracks and use deductive thinking to interpret findings
- To learn about animal habits and survival in the winter.

Students are instructed in how to locate and identify animal tracks and then are led on a discovery hike to find animal tracks. Discussions are on animal adaptations to winter, track patterns and interpreting data. (This is a great class for the winter because tracks are plentiful.)

Nature Crafts

Goals:

- To improve student's perception, understanding and appreciation of their natural environment
- To encourage students to use their artistic and creativity

Students create nature crafts using objects found in the environment such as stones, flowers, barks, nuts, leaves, etc. Natural dyes may be explored along with making jewelry, tools, ornaments, prints and sketches. A fun class that lets students create something to take home and share with others.

Discovery Hike

Goals:

- To gain an awareness and appreciation of the outdoors
- To discover animal and plant life common to the forests and fields of Camp Weona

Students are led on one of several hikes through the trails of Weona, exploring what the outdoors has to offer. Hikes may be to: The Gorge, where students can collect rocks; The Maple run, where students see how the trees are tapped for maple syrup; The hollow Tree, a beautiful tree that can hold 10 students inside its base; or The Pink forest, a beautiful pine forest on the edge of a stream. This is a great way to acclimate students to the woods and to help them appreciate nature.

Nature Scavenger Hunt

Goals:

- To increase students' awareness of nature and to allow them to explore the natural surroundings
- To encourage students to work cooperatively with a partner
- To provide students with a fun, challenging activity

Students are given a list of natural objects that they must collect or construct with a partner. The emphasis is on fun while gathering experience with the natural environment.

YMCA Camp Weona Class Summaries

Historical/Cultural Studies

Pioneer Life

Goals:

- To introduce students to pioneer skills and crafts
- To help students gain an appreciation for the hard work and ingenuity of early settlers

Students take part in a discussion of pioneer life and are then given hands-on experience in pioneer crafts such as candle-making and cooking in a Dutch oven. This is a fun and exciting way to experience the life of the pioneers.

Farm Animals

Goals:

- To gain exposure to various farm animals and how to care for them
- To understand more about the history and life of the farmer and of an agricultural society

Students will visit a nearby farm and will learn about the various animals there. They will be able to hold and care for animals as they learn more about them.

Log Books/Journals

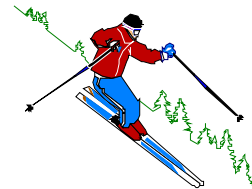
Goals:

- To enable students to keep a record of their educational experiences at Weona
- To help students realize the historical importance of logs and written records.



This should be an ongoing project for students during their stay at Camp Weona. Weona staff can help you set up log books for your students to record daily impressions and information learned in classes which can be referred to later back in the classroom.

YMCA Camp Weona Winter Class Summaries



Adventure Programs

Cross-Country Skiing

Goals:

- To teach students the proper techniques for cross-country skiing
- To encourage enthusiasm for winter sports and outdoor exercise
- To enable students to enjoy the forest trails of Camp Weona in the wintertime

Students may use Weona's equipment or bring their own and enjoy skiing our miles of picturesque trails through the forest. Instruction is provided for all students before going out on trails.

Snowshoeing

Goals:

- To introduce students to the history of snowshoes and how they were used
- To enable students to experience walking through forest rails on snowshoes
- To encourage participation in outdoor activities in the winter

Students are given a brief history of snowshoes and are taught how to put them on and techniques for using them in deep snow. Students are then led on guided trails through the forest. This is a perfect way to explore animal homes and tracks in the winter.

Orienteering

Goals:

- To provide experience with a magnetic compass
- To improve concepts of distance, direction, angles, perimeter and area and to practice math skills
- To demonstrate to students how a compass has helped man explore his environment

Students will learn how to use a magnetic compass through instruction and practice. Students when work together in small groups to follow a trail and a basic compass course.

Canoeing

Goals:

- To learn basic water safety and canoeing skills
- To work cooperatively with a partner
- To gain hands-on experience canoeing on a lake

Weona's certified lifeguards will instruct students on the basics of water safety and on how to canoe. Students learn several strokes on land and then are given experience canoeing in the lake with a partner. Weona staff supervise at all times and may canoe to the beaver dams with students or lead various activities around obstacles or retrieving objects in the water.

Outdoor Living Skills

Goals:

- To learn basic outdoor living skills to enhance students' outdoor experiences
- To develop cooperation skills necessary for completing a task
- To challenge students to problem solve and use creativity

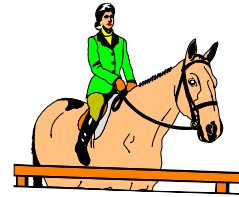
Students, working in small groups, may be involved in natural shelter construction, fire building, knots and lashing, outdoor cooking, or first-aid. Students will learn to appreciate the recreational opportunities that the outdoors provides while gaining skills and building a sense of team cooperation.

Horseback Trail Rides (Memorial Day through Labor Day)

Goals:

- To instruct students in safe habits around horses and in how to ride
- To enjoy a fun and exciting ride along Weona's trails

After some basic instruction on safety around horses, students are assigned a horse and are taught to ride. Students practice first in the ring before they are led on a trail ride by Weona's experienced guides. An exciting experience for students and something that many of them are rarely exposed to.



YMCA Camp Weona Class Summaries



Recreational Activities

Swimming

Both students and teachers will enjoy relaxing and playing in Weona's heated outdoor swimming pool. Camp Weona will provide certified life guards to supervise this activity.

Fishing

Students will enjoy fishing in Conservation Pond, a stream fed pond which is home to bass, sunfish and bluegills. We can supply some equipment or students can bring their own.

Arts and Crafts

Weona staff will set up an arts and crafts activity suitable to the age of your students. Examples of projects students can take home are tie-dye T-shirts, candles, jewelry, wood projects, bird feeders and more.

New Games (Icebreakers)

These group games are non-competitive and everyone is a winner! New Games and Icebreakers help to create a fun, safe environment where students feel comfortable learning, growing and having a great time! Although these may be done anytime, it is suggested that Weona staff run the students through some icebreaker games upon first arriving at camp to help them feel at home in their new surroundings.

Archery

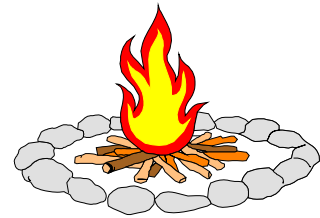
Weona's staff will teach students the safe and proper way to participate in the sport of Archery. After instruction, students are given the opportunity for supervised practice.

Athletics

While at camp, students can participate in a number of different sports including soccer, basketball, softball, floor hockey, volleyball, football, kickball and table tennis. Equipment is provided.

YMCA Camp Weona Class Summaries

Evening Programs



Night Hikes/Star Gazing

This activity is designed to get students feeling comfortable in the outdoors at night and encourages them to use their senses to discover the nocturnal world. Weather permitting, we will help students to explore the world of the stars as they look for named constellations and try to discover their own pictures in the sky. Students will appreciate the beauty of a clear night sky in the country, far from any city lights.

Campfires

Our staff will lead folk and camp songs as all students are encouraged to join in and sing! This is a favorite camp activity with students and teachers of all ages.

Creative Dramatics/Skits

Students will take part in several dramatic improvisations and creative drama activities. They will also use their imagination to create a group skit to present for each other. The goals are fun, creativity, and working together in a group.

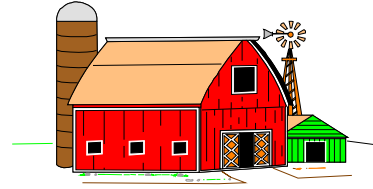
Values Clarification

For older students (Junior High and High School age), this program gives teens a chance to look at different values that are important to them. Students are led through activities and discussions in small groups.

Creative Problem Solving

This is a fun way to encourage creative thinking as students are given a problem such as protecting an egg dropped from a height of six feet or building the tallest tower. Emphasis is on creativity and working together as a group.

YMCA Camp Weona Class Summaries



Team Building and Ropes Course Activities

Team Building

Goals:

- To increase Communication, Cooperation, Teamwork and Problem Solving
- To Build a sense of trust and support between the group members
- To encourage creative problem solving
- To better understand the roles within a group and their interaction

Team Building is a process of presenting a group with various challenges that require physical, mental and teamwork skills to complete. These challenges provide the framework to reflect upon the behaviors of the group and how this affects the success of the group. Groups will be asked to discuss their performance, both as individuals and as a group, and how they plan to improve for the next activity. Connections are made between behaviors, both successful and not, and to situations in the group members daily lives.

Low Ropes Course

Goals:

- To increase Communication, Cooperation, Teamwork and Problem Solving
- To build a sense of trust and support between the group members
- To encourage creative problem solving
- To better understand the roles within a group and their interaction

The Low Ropes Course is a series of permanent structures that provide groups with different challenges. These challenges, impossible for an individual, require a team working together to complete. The Low Ropes Course requires a mature commitment to safety and cooperation. Individual initiatives offer a wide range of challenges, both physical and mental. Safety is addressed through careful facilitation and participant spotting.

Climbing Wall & Climbing Tower

Goals:

- To encourage participants to try new things
- To practice positive support skills
- To develop goal setting skills

The Indoor Climbing Wall and Outdoor Climbing tower offer participants an opportunity to experience a new and possibly intimidating physical challenge, while within the safety of a controlled environment with the positive support of a group. Different paths, or routes, offer a wide range of varying difficulties for participants of different climbing abilities. Participants are asked to pick a route that will challenge them, and are allowed to attempt that route. Safe climbing skills are taught and practiced as well as the proper use of all equipment, climbing harnesses, helmets, ropes and carabineers.

High Ropes Course

Goals:

- To explore functional teamwork
- To reduce perceived personal limits
- To develop functional communication skills

The High Ropes Courses are a challenging system of cables and ropes connecting trees at heights ranging from fifteen feet to over forty feet high. Participants are kept safe by using climbing harnesses, helmets and climbing ropes. The course is both physically and mentally challenging requiring balance and coordination. This activity is only recommended for groups of participants in fifth grade or higher and groups who can devote the time and effort this great activity requires.

The Ropes Course: A Definition

The Ropes Course is a series of individual and group challenges that require a combination of teamwork, problem solving, and physical skills as well as individual commitment. The course is designed to provide safe and environmentally sound adventure-based learning experiences that can be connected to participants' personal and professional growth. Constructed of rope, cable and wood, the Ropes Course is a great opportunity for participants to practice skills they have learned about in other settings.

The **Low Ropes Initiative** elements are generally eighteen inches off the ground; safety is addressed by careful adherence to rules and participant spotting. These elements present participants with a series of challenges that must be solved using cooperation and team effort.

The **High Ropes Challenge** activities are constructed at heights between 15 and sixty feet, participants are kept safe by a system of cables, harnesses and climbing ropes. While these activities may seem very individual there is a great deal of teamwork involved from the team on the ground.

The **Climbing Wall** and **Climbing Tower** are artificial rock climbing surfaces that present a dramatic challenge for participants. Safety is addressed by climbing harnesses, helmets and ropes. By choosing different routes, different people can choose appropriate challenges for themselves, from beginner to expert.

It is anticipated that through the appropriate use of the Rope Courses and Climbing Walls, participants can expect to encounter the following:

- Leadership
- Effective communication
- Self concept/confidence
- Action-oriented problem solving skills
- Willingness to take appropriate risks
- Cooperation and team-building
- Goal-setting
- Trust and mutual support

One of the unique aspects of adventure-based learning is the variety of interesting and engaging activities that can be provided to students. Activities may involve swinging, balancing, lifting and climbing as well as some of the more traditional intellectual learning exercises. Keeping in mind that program objectives and process are the primary

products, activities provide real-life drama and examples of decisions, actions and consequences that may be relevant elsewhere in life.

Structured adventure program activities are discussed as a group to provide the maximum amount of value and transference of meaning to school, home and everyday life. Transfer is most effectively accomplished by through planning, careful execution and honest evaluation.

YMCA Camp Weona Ropes Course/Climbing Wall Information for Leaders and Participants

To Participants and Leaders:

1. The Camp Weona Ropes Course/Climbing Wall involves activities that may be strenuous and physically and mentally demanding.
2. Participation in the course has certain risks which can include, but not be limited to, bruises, scrapes, bumps and strains.
3. Elements of the course take place 1 – 8 feet in the air (Low Ropes) and 40 – 45 feet in the air (High Ropes).
4. Participants will be protected from falling by a safety system and trained facilitators.
5. Participants will be called upon and instructed to assist others through physical “spotting” of certain activities on the Low Course and emotional support throughout.
6. Participants must wear appropriate clothing as follows:
 - Sneakers and socks (Avoid soles with protruding ‘cleats’)
 - Long pants (jeans, cords, etc.) that are loose but don’t drag on the ground (pants with elastic waists are not advised, nor are nylon or other synthetics)
 - T-shirt (no bare or tank tops)
 - Additional long-sleeved shirt, jacket, warm clothing and rain gear as weather dictates (no nylon or slippery fabrics)
 - No jewelry, large or ornamental belt buckles
 - Bring a safety strap if you wear glasses
7. All participants have the responsibility to help reduce the chance of injury by adhering to the following regulations:
 - Pay close attention to and obey all instructions of the facilitator.
 - Stay off of all elements until instructed in use and given facilitator’s permission to go ahead.
 - Use elements only with approved spotters and safety systems.

- Follow all safety and spotting regulations (you will be instructed).
 - Don't step on any ropes.
 - Do not chew gum.
8. Report all relevant physical or psychological problems to the facilitators (e.g. fear of heights, back problems, etc.) before participating.
 9. YMCA Camp Weona operates on a "Challenge by choice" philosophy. At all times participants are in complete control of their own level of risk/participation.

To Leaders:

1. Inform students prior to the date of using the Ropes Course Climbing Wall what to wear, basic rules, etc.
2. Inform facilitators of any special needs (of individuals or the group) and any reactions or feelings that might help the facilitator better meet existing needs and interests.
3. Assist with fostering positive and cooperative group behavior.
4. Generally, help out with organization and/or supervision. You will not be asked to do anything for which you are not trained.
5. Participate with the group (assuming you have demonstrated health/accident insurance) and enjoy yourself! (You may be asked not to become involved in the group process on the Low Ropes Course so that students are given a chance to problem solve by themselves with peers.)

Note: In order to maximize your group's opportunity to experience a variety of Ropes Course activities, it often is not feasible to conduct full debriefing sessions after each activity where it could be beneficial. Therefore, you are strongly urged to take the responsibility for conducting follow-up debriefing sessions with your group afterward. The greatest potential for consolidating the learning and values from the shared Ropes Course experience is more likely to occur if you take advantage of the unique situation usually initiated at the Ropes Course to develop closer and more effective working relationships among members and to increase individual growth in self-confidence, self-understanding, caring, trust in others, and much more.

Information for Teachers

Program Groups

1. Program groups are co-ed groups of 10 – 14 students with at least 2 adult leaders who attend all daily activities/rotations together and eat all meals and snacks together.
2. Students should be assigned to program groups by teachers before arriving at Camp Weona
3. Teachers should consider personalities, behaviors and friends of students when assigning them to a group. It is important to try to create a group of mixed personalities because diversity tends to enrich the learning experience.
4. Parents who attend as chaperones should not be in the same program group as their own son/daughter. This will enable both the student and the parent to have a freer and more educational experience.

Housing and Supervision

Spring and Fall

1. Housing in spring and fall is in cabins that sleep eight (8) campers and two (2) adults. (12 campers and 2 adults in Twin Pines Village)
2. Cabin groups of eight (8) campers should be assigned by the teachers prior to arriving at camp. Cabin groups are made up of students of the same sex and should vary from a student's program group.
3. Your school is responsible for providing adequate cabin leadership during your stay at Camp Weona. There must be two (2) adult leaders in every cabin with eight (8) students.
4. There are three separate villages of cabins. Boys' cabins and bathroom facilities are located separately from the girls'.
5. There are central bathroom facilities in each village and a shower house in Main Camp.
6. Parents, teachers, teacher's aides, student teachers and college students who have been trained may serve as cabin leaders.
7. Cabin leaders are responsible for supervising the students in the cabin/lodge at all times and to help insure that students are using acceptable behavior during their stay at Camp Weona. Cabin leaders are also responsible for seeing that students are dressed appropriately for the weather conditions.

Winter

1. Housing during the winter months is in Hyde Lodge.
2. This heated lodge sleeps a total of 50 students/adults and provides indoor bathroom and shower facilities.
3. Two upstairs adjoining dorm-style rooms sleep 12 and 8 people each. Another upstairs area has three separate rooms, each of which sleeps four (4) people. Downstairs rooms sleep 10 and 8 and 6 people.
4. There must be 2 adults in the lodge to every 10 students.

Student Behavior/Discipline

1. Students should be aware of camp policies and of behavior expectations before arriving at camp. Weona staff will review important expectations once the students arrive.
2. Teachers, parents, cabin leaders and Weona staff all have a share in making sure students use appropriate behavior during their trip to Camp Weona. A well supervised, active and interesting program will insure that students are given the opportunity to “be on their best behavior.”

Health and Safety

1. Please read the *Important Health and Safety Information* page in this program guide to insure that students have the appropriate information on file at camp and that your staff and chaperones are informed of issues concerning illness, medication and emergency procedures.
2. Students should be warned never to approach wild animals. If a student observes a wild animal acting strangely, they should report it to the camp staff immediately.

Mealtimes

1. Food is served family style in our dining hall. Students eat with their program groups (10 – 14 students with 2 adults). For every meal, groups must assign a waiter and a busperson. The waiter goes to the dining hall to set the table 10 minutes before the meal and brings the food from the kitchen counter to the table during the meal. The bus person brings the dishes up after the meal, separates the silverware into forks, knives and spoons and places

them in the appropriate buckets and wipes off the table. Only one waiter and one bus person is assigned for each table.

2. Everyone at the table must have a first helping of food before the waiter comes back up for seconds. (Students must learn to share and think of their friends at mealtimes!)
3. Students should remain in the dining hall at their tables until everything has been cleaned up. All students should help scrape and stack the dishes to make it easy for the bus person to clear the table.
4. Talking in the dining hall should be done in soft voices. Weona staff uses a hand signal ("sign of the Buffalo") to get campers' attention during meals. When students see this sign, they are to listen attentively for announcements.
5. Please inform YMCA Camp Weona in advance if any students/adults have dietary restrictions.

Camp Atmospheres

1. To avoid problems with wildlife and to keep all campers and staff equal, no food, candy or gum is to be brought to camp. All meals and snacks will be provided in the dining hall by Weona staff.
2. To preserve the peace of the outdoors, radios or cassette players are prohibited.
3. Quiet hours are from 12:00 a.m. – 7:30 a.m. This is for everyone at YMCA Camp Weona.
4. In an effort to preserve the natural environment, we ask that cars be left in the designated parking areas and that they not be used except in an emergency during your stay.
5. Profanity or foul language is not permitted at camp.

Participation

1. We encourage full participation from those present during your stay at Camp Weona, therefore, all teachers and parent supervisors should be assigned a program group that they will attend all classes and activities with. This should be an educational and enjoyable experience for the adults of your group as well as for the students.
2. Groups should assign one adult chaperone or head teacher to be in charge who is free from Program Group rotations to supervise and assess the students during the program day.

Fund Raising Projects

YMCA Camp Weona has resources to help schools and students with fund raising projects. Please contact the Camp Office if you would like some assistance with this.

Teacher's Planning Checklist

- Identify the purpose of your trip. (Use planning sheet in this guide.)
- Set dates of Environmental Ed./Adventure Program with Camp Weona's Director/Program Director
- Review Program Planning Guide; begin selecting curriculum and program.
- Schedule a meeting with Camp Weona program staff to design a schedule and discuss program goals and curriculum options.
- Sign and return contract and make initial deposit.
- Inform parents, staff and students of program.
- Arrange bus transportation.
- Discuss and plan fundraisers or secure other funding.
- Send home health form/waiver form to be filled out, a clothing/equipment list and any other important information that parents must have.
- Schedule a parent information night where a representative from Camp Weona Outdoor Education Center will come to your school and show a slide show of camp and talk to parents about the program and facilities.
- Recruit, meet with and train parent chaperones.
- Assign students to cabins and to program groups. Assign two (2) chaperones to each group.
- Collect remaining money from students and send to Camp Weona office at *least 30 days prior to your arrival at camp.*
- Collect and check all student health forms and waiver forms for complete information and parent signature. Compile a list of any physical and medical concerns for the Health Officer and Camp Weona staff.
- Notify Camp Weona office with your exact number of students, teachers and chaperones at *least two (2) weeks before your trip.*
- Collect all medications from students the day of your departure from school to give to the Health Officer once you arrive at camp.
- Bring all health forms/waiver forms with you to camp.

Chaperone Responsibilities

Please read this to help make the students' experience at camp a special and safe one.

General Guidelines

1. Be with your group at all times! If you must leave the group for some reason, make sure that another adult chaperone is supervising the group.
2. Never send a child anywhere alone without adult supervision. Camp is very spread out and it is important to campers' safety that they are always with an adult. Never send students back to the village without an adult with them! When a student has to leave the group for the bathroom or nurse, please send them with a buddy.
3. During classes, meetings and activities always sit with your cabin group and participate in whatever your campers are doing. (Unless you're asked to only observe by Weona staff.)
4. Watch for illness or homesickness among your group. Remember that students may not feel comfortable enough in this new situation to tell you their problems.
5. Set a good example for your group by modeling good behavior. Follow all rules (no candy, gum, etc.) be positive and enthusiastic about activities, dress appropriately for weather, etc.
6. Please make sure students are dressed appropriately for the days' activities and for the weather.
7. Please get your group to all classes, activities and meals on time. Allow for walking time because camp is spread out.
8. Help to enforce camp rules and to encourage positive behavior from students.

In the Cabin

1. Remember to keep your cabin group together in the cabin at night. Do not allow visiting in other cabins or running around in the village.
2. Do not allow horseplay in the cabins (i.e., jumping from bunk to bunk, running, pillow fights etc.).
3. Calm your campers down at quiet time with songs, stories or discussions of the day's events. Come prepared to put your campers to sleep with a quieting activity at the end of each day.

4. Do not tell scary stories or allow your campers to tell them. This can spoil a student's camp experience.

In the Dining Hall

1. Sit with your group at all meals. Assign a waiter and busperson and make sure that they are doing their jobs.
2. Encourage polite table manners, passing of food and quiet voices. Please make sure that all students in the group get a first helping when food arrives at your table. Waiters will be called up for seconds later in the meal, but students must learn to share the firsts until then.
3. Do not allow any campers up from the table during meals except the waiter and the busperson. Set a good example by staying at the table yourself.
4. Make sure all students in your group help with scraping and stacking the dishes at your table to make things easier for the busperson.
5. Do not allow campers to leave the dining hall until the table has been cleared and wiped off and the group has been dismissed.
6. Please do not have any food or drink that the campers do not have. We are all equal at camp.
7. Please do not go into the kitchen for any reason.
8. Coffee and tea are available during meals for adults but are not to be given to students.

During Rotation Classes and Activities

1. Be involved as much as possible in all activities. You are a role model and your interest will help to stimulate the interest of the students.
2. Keep an eye on your group and take charge of any situation where a student is being impolite or not following directions and guidelines of the presenters.
3. Assist the teachers and Weona staff in the lesson in whatever way you are asked to assist.
4. Have fun and learn, but remember not to give students the answers to problems or help with questions unless specifically asked to do so. The students must do the learning and discovering themselves!

YMCA Camp Weona Policies for Groups

Any group using YMCA Camp Weona facilities must read and adhere to the following policies. A copy of camp policies must be signed and returned with the Contract of Agreement. We ask that the group leader read these policies to the group before your arrival at camp. (YMCA Camp Weona reserves the right to ask a group to leave if these policies are not adhered to).

1. Alcoholic beverages, illegal drugs and firearms are prohibited on camp property.
2. Smoking is prohibited in all camp buildings, on the camp grounds, and in sight of minors. Designated smoking areas are provided behind the Dining Hall and behind the Barn. Cigarette butts are to be picked up and disposed of properly.
3. Groups are expected to leave the facilities as they found them. Leaders are to check out with the camp administrative staff before leaving.
4. Any breakage or damage of facilities should be reported immediately to the camp administrative staff.
5. Students must be supervised at all times by an adult. They are never to be left unattended for any reason.
6. Swimming and canoeing (when available) is to be done only under the supervision of Camp Weona's certified aquatic staff.
7. The kitchen area is to be used by Camp Weona staff only. Please do not enter without permission. No kitchen equipment or food should leave the dining areas.
8. Pets are not permitted.
9. Contact camp staff for wood for campfires and for safe campfire locations. Please do not cut down trees, shrubs, or foliage of any kind.

10. Students are not permitted to use phones while at camp. Teachers may use the camp phone with staff permission. All calls must be collect or by calling card.
11. Any unregistered visitors are not allowed on Camp property. Intruders will be asked to leave camp property immediately. If they do not comply the Wyoming County Sheriff will be notified for assistance. Chaperones should stop and question any visitors on camp grounds and alert Camp Weona Staff. Campers are instructed to let an adult know if they see someone on camp they do not recognize and to never go with anyone in a vehicle or away from their group.

Please return a signed copy of this form along with the Group Contract of Agreement to the YMCA Camp Weona office. Keep the other copy to relay the policy information to your group.

Signed by Contract Person/Person in Charge of Group

Important Health and Safety Information

1. YMCA Camp Weona does **NOT** carry health/accident insurance for school group participants. Parents or guardians are responsible for payment of any and all expenses incurred for medical treatment.
2. **It is the responsibility of the school to make arrangements for a designated health officer** while at camp. This person should possess one or more of the following certifications: EMT, MD, RN, or LPN. Person must have current CPR and First Aid Certification.
3. **All students participating in YMCA Camp Weona programs must have completed a health form and waiver form signed by a parent/guardian.** This form must be kept by the health officer during their stay. **Any student missing a form or bringing an unsigned form will not be allowed to participate in any activities** until such information is received. The school is responsible for securing all signed forms.
4. All student medications must be collected **before** students arrive at camp and must be held by the designated health officer in the Health Lodge. NYS Department of Health does not permit students or chaperones to have **any** medicine in the cabins or in their possession.
5. If a student must take an over-the-counter medication on a regular basis (e.g. throat spray, aspirin) the parent should provide this with written instructions.
6. Prescription medications **must be in their original container** with instructions for health officer to dispense. Medicine not in original container or without student's name will not be dispensed. All medications must be clearly marked with the name of the student, dosage and schedule.
7. If a student must spend time in the Health Lodge during the day or overnight, a teacher or adult chaperone **must supervise them.** Medical treatment will still be the responsibility of the on duty health officer.
8. In the event that a parent/guardian needs to be contacted for medical problems, the group leader will contact the parents prior to treatment. The health officer will assess the situation and advise as to medical concerns. Whenever possible, the parent's desires regarding further treatment will be honored, unless an emergency situation dictates otherwise.

9. If a student needs to be driven to the hospital, school staff will take responsibility for this. Therefore, **teachers should be sure to bring at least one vehicle to use as an emergency vehicle.** In case of a serious emergency, a local ambulance squad will be called and will transport the student to Wyoming County Community Hospital in Warsaw (15 minutes away). **In all cases of injury, the group leader is responsible for contacting the student's parents.**
10. If a child is to be sent home for medical reasons by the designated health officer, the group leader will make the call to the parents.
11. On the last day of the Environmental Education/Adventure Program, the health officer will return the medicines to the group leader to be distributed to students upon returning to school.
12. Group is responsible for supplying all first aid supplies.

Health Form

(Note: YMCA Camp Weona does NOT carry health/accident insurance for school group participants.)

Student's Name _____ School _____

Address _____ Home Phone () _____

City/Zip _____ Student's Age ____ Student's Birthdate _____

Family Physician _____ Physician's Phone _____

Parent/Guardian Name(s) _____ Work Phone #s _____

Medical Insurance Co. _____ Policy # _____

If parents are not available in an emergency, please notify:

Name _____ Relationship _____

Home Phone () _____ Work Phone () _____

Does your child have any medical problems?

If yes, please explain:

Does your child have any other serious medical problems/been under a physician's care recently?
 Yes No If yes, please explain _____

Does your child have any dietary restrictions? _____

Date of last Tetanus shot: _____

Medications: All prescription and over the counter medications must be turned in to the teachers at school. Medicine MUST be in the original container with the original label. All medications will be given out by the health officer. Complete the following:

Is your child currently on medication? Yes No Name of medication _____

Dosage _____ How Often/When _____

The above information is correct to the best of my knowledge and I give my child permission to engage in all camp activities. I hereby authorize the calling in of a physician and/or the providing of other necessary medical services at my expense should an emergency arise.

Camp Weona utilizes the names and addresses provided on this form for information about our summer camp, off-season and our annual scholarship campaign. If you wish to have your name and address omitted from our mailing list please check the box. Yes No

Parent/Guardian Signature _____ Date _____

YMCA Camp Weona Assumption of Risk and Waiver

Name of Participant _____

Although serious injuries are very uncommon in professionally supervised Environmental Education/Adventure Programs, it is impossible to eliminate the risk. By its nature, participation in these programs includes risks of injury ranging in severity from minor to serious. All participants have the responsibility to help reduce the chance of injury. Participants must obey the instructions of the facilitator or person in charge, follow all safety rules, report all relevant physical and psychological problems to their instructors and follow the proper instructional program. YMCA Camp Weona operates on a "challenge by choice" philosophy. At all times participants are in complete control of their own level of risk/participation.

Release of Liability

By signing this form, parent/legal guardian and/or participant acknowledges that they have read and understood the above information and are signing this form to assure YMCA Camp Weona that parent/legal guardian and/or participant assumes all risks during the program. Furthermore, by signing this form, the parent/legal guardian grants permission for Camp Weona to use their child's photo for promotional purposes without compensation.

Guardians or participants who do not wish to accept the risks described in this warning should not sign this permission form.

I hereby give my consent:

1. To participate in YMCA Camp Weona Environmental Education/Adventure Programs.
2. To receive emergency medical care which may become reasonably necessary in the course of such activities or travel.

I further agree not to hold YMCA Camp Weona or anyone acting in its behalf responsible for any injury occurring to the named participant during YMCA Camp Weona Environmental Education/Adventure Program activities or travel.

_____ Date: _____
Signature of Participant or Parent/Legal Guardian (If participant is under age 18)

I have read the aforementioned and will abide by the principles and regulations contained herein.

_____ Date: _____
Signature of Participant

YMCA Camp Weona Suggested Clothing/Equipment List (3 Days/2 Nights)

Environmental Education/Adventure Programs are active programs that are run almost exclusively outdoors. You will be outside most of the time even if the weather is cold and wet. The key to an enjoyable outdoor experience is to be prepared. Please follow the suggested clothing/equipment list. Please bring extra warm clothes during the winter months and waterproof boots in all seasons. The weather and temperatures may be very different at Camp Weona so plan for the worst and hope for the best.

Bedding

Warm Sleeping Bag or several blankets and sheets.
Pillow if desired

Sunscreen
Insect repellent
(please DO NOT bring aerosol cans)

Clothing

Waterproof hiking/work boot (warm in winter)
2 pairs of shoes (sneakers not recommended in the winter)
Daily change of socks (warm socks in the winter)
Daily change of underwear (long underwear in winter)
2 pairs of long pants/jeans (A must for hiking/Ropes Course)
1 or 2 pairs of shorts
Several shirts (layered for warmth)
Heavy sweatshirt or sweater
Raincoat or poncho/rain pants if available
Winter hat/gloves or mittens/scarf
Windbreaker jacket or heavy jacket in winter
Bathing suit (if swimming)
2 Bath towels/washcloth

Toiletries

Comb/brush
Tissues
Lip balm/Vaseline
Soap/shampoo
Toothbrush/toothpaste

Essential Equipment

Water bottle
Flashlight
Day pack (to carry daily equipment, rainwear, water bottle, jacket, etc.)
Plastic bag for dirty laundry

Optional

Camera
Book/notebook/pencil
Stuffed animal
Sandals for shower

Please Do Not Bring

Chewing gum
Candy
Any food/soda
Weapons/Knives

Matches
Knives
Radios/cassette players
Money
Electronic games
Any "best" clothing

All medicine must be turned in to the teacher before arriving at camp. Medicine will be returned at end of trip.

Please be sure to mark everything with your first and last name!

YMCA Camp Weona

Day Trip Equipment List

While Day Trips require much less equipment than an overnight stay, there are some things that will make the trip much more enjoyable.

- Day pack/book bag (something to comfortably carry all items)
- Water bottle
- Jacket or windbreaker for warmth
- Raincoat or poncho (plan on rain)
- Sunscreen
- Insect repellent (no aerosol cans)
- Small flashlight
- Inexpensive/disposable camera
- Towel

Please put Name and Phone Number on everything!

What to Wear

- Old sneakers or hiking boots
- Shorts or jeans
- Tee shirts (no offensive slogans)
- Hat (if desired)

Please put Name and Phone Number on everything!

What **Not** to Bring

- Any "Best" clothing
- Any new shoes
- Money
- Electronics such as: MP3 players, Gameboys, iPods, Cell Phones, or CD players
- Knives or matches/lighters
- Weapons of any kind
- Extra candy/snacks

All medicine should be given to the group leader in the original packaging with instructions before arrival.

The weather can be very different at Camp Weona so always expect the worst and hope for the best. **Remember to put your name and phone number on everything.**

YMCA Camp Weona Accommodations



Use this guide to help match Camp Weona's facilities with your group's needs.

Hyde Lodge	Charming century-old farmhouse with cozy living room area w/fireplace, classroom space, kitchen/dining area, 5 indoor bathrooms & showers. <i>All seasons.</i> Capacity: 48	1 room sleeps twelve 3 rooms sleep four 2 rooms sleep six 2 rooms sleep eight
Plains Village Cabins	Rustic cabins on hillside overlooking forest and farmland. Central outdoor bathroom facilities. <i>Spring and fall only.</i> Capacity: 68	6 cabins: 4 sleep ten 2 sleep fourteen
Iroquois Village Cabins	Rustic cabins nestled at edge of forest. Central outdoor bathroom facilities. <i>Spring and fall only.</i> Capacity: 80	7 cabins: 4 sleep ten 1 sleeps twelve 2 sleeps fourteen
Twin Pines Village Cabins	Spacious cabins on hillside overlooking a private lake. Central outdoor bathroom facilities. <i>Spring and fall only.</i> Capacity: 70	5 cabins: Each sleeps fourteen
Health Lodge	Lodge in Main Camp with indoor bathroom and shower facilities. Great for teachers, staff or family lodging. <i>Spring and fall only.</i> Capacity: 8	1 room sleeps four 2 room sleep one

Hyde Lodge Room List

Room 1.	1. 2. 3. 4. 5. 6.	Room 5.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.
Room 2.	1. 2. 3. 4. 5. 6.	Room 6.	1. 2. 3. 4.
Room 3.	1. 2. 3. 4. 5. 6. 7. 8.	Room 7.	1. 2. 3. 4.
Room 4.	1. 2. 3. 4. 5. 6. 7. 8. 9.	Room 8.	1. 2. 3. 4.

CABIN ROSTER

Plains Village

Cabin 1: Sioux	Cabin 2: Arapaho	Cabin 3: Chippewa
Leaders: _____ _____ _____	_____ _____ _____	_____ _____ _____
Students: 1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14.

Cabin 4: Comanche	Cabin 5: Shoshone	Cabin 6: Apache
Leaders: _____ _____ _____	_____ _____ _____	_____ _____ _____
Students: 1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8.

Cabin 7: Cheyenne		
Leaders: _____ _____ _____	Students 1. 2. 3. 4. 5. 6.	7. 8. 9. 10. 11. 12.

CABIN ROSTER

Iroquois Village

Cabin 1: Seneca	Cabin 2: Mohawk	Cabin 3: Onondaga
Leaders: _____ _____ —	_____ _____ —	_____ _____ —
Students: 1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.

Cabin 4: Shongo	Cabin 5: Tuscarora	Cabin 6: Cayuga
Leaders: _____ _____ —	_____ _____ —	_____ _____ —
Students: 1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8.	1. 2. 3. 4. 5. 6. 7. 8.

Cabin 7: Oneida		
Leaders: _____ _____ —		
Students: 1. 2. 3.	4. 5. 6.	7. 8.

CABIN ROSTER

Twin Pines Village

Cabin 1: Tlingit	Cabin 2: Haida	Cabin 3: Nootka
Leaders:		
_____	_____	_____
_____	_____	_____
_____	_____	_____
Students:		
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
7.	7.	7.
8.	8.	8.
9.	9.	9.
10.	10.	10.
11.	11.	11.
12.	12.	12.

Cabin 4: Cherokee	Cabin 5: Nez Pierce
Leaders:	
_____	_____
_____	_____
_____	_____
Students:	
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.
11.	11.
12.	12.

PROGRAM GROUP ROSTER

Group 1	Group 2	Group 3
<p style="text-align: center;">Leaders:</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>_____</p> <p>_____</p> <p>_____</p>	<p>_____</p> <p>_____</p> <p>_____</p>
<p style="text-align: center;">Students:</p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p> <p>6.</p> <p>7.</p> <p>8.</p> <p>9.</p> <p>10.</p> <p>11.</p> <p>12.</p>	<p style="text-align: center;">Students:</p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p> <p>6.</p> <p>7.</p> <p>8.</p> <p>9.</p> <p>10.</p> <p>11.</p> <p>12.</p>	<p style="text-align: center;">Students:</p> <p>1.</p> <p>2.</p> <p>3.</p> <p>4.</p> <p>5.</p> <p>6.</p> <p>7.</p> <p>8.</p> <p>9.</p> <p>10.</p> <p>11.</p> <p>12.</p>

Note: Program groups of 10 to 12 students are ideal.

(Please copy this form for additional space to complete your program group roster of students/leaders.)

YMCA BUFFALO NIAGARA CAMP WEONA

Emergency/Important Telephone Numbers

Camp Office/Lodge	585/786-2940
Health Lodge/Dining Hall (May – October)	585/786-5120
Business Office (Buffalo)	716/565-6008
A. L. Ferreira, Executive Director (on-site)	Camp: 585/786-2940 Cell: 716-472-4505
Emergency (Fire, Police, Medical)	911 or 585/786-2255
Highway Department/Wethersfield	585/786-8955 or 322-7233
New York State Police	585/786-2220
Niagara Mohawk (Emergency Service)	1-800-932-0301
North Java/Varysburg Rescue Squad and Fire Department	911 or 585/786-2266
Poison Control Center	716/878-7654
Warsaw Fire Department	585/786-8866
Wyoming County Community Hospital	585/786-2233
Wyoming County Department of Health	585/786-8894 or 786-5050
Wyoming County Sheriff	585/786-8989

PLEASE NOTE: For an emergency call, our location is 4025 Poplar Tree Road. Access to Poplar Tree Road can be made from either Wethersfield Road or Orangeville Center Road.

DIRECTIONS TO CAMP

Directions from Buffalo:

- Take the 90 West (NYS Thruway) to 400 South
- Exit 400 at East Aurora/20A
- Make a left off exit onto 20A
- Travel 20A East Through Varysburg
- 4 miles past Varysburg look for the Mini Mart/motel on right (corner of Orangeville Center County Rd)
- Make a right on Orangeville Center Rd
- Continue on Orangeville Center Road. Keep going straight as road becomes a dirt road and changes to Poplar Tree Rd. (look for Camp Weona sign)
- Continue one mile on Poplar Tree Road. Camp is up hill on your left.

Look for sign and beige house and red barn.

Directions from Rochester:

- Take Interstate 490 West to Leroy Exit
- Make right off exit onto Rte. 19 South
- Take 19 South through Leroy and Pavilion to Warsaw
- Travel straight through the Village of Warsaw to the stoplight. Make a right at the light onto 20A West.
- Take 20A West 5 miles out of Warsaw to the Mini Mart/ Motel on your left
- At this corner make a left onto Orangeville Center Rd.
- Continue on Orangeville Center Road. Keep going straight as road becomes a dirt road and changes to Poplar Tree Rd. (look for Camp Weona sign)
- Continue one mile on Poplar Tree Road. Camp is up hill on your left.

Look for sign and beige house and red barn.

Revised 11/2011