

YMCA Camp Weona

Suggested Clothing/Equipment List

(3 Days/2 Nights)

Environmental Education/Adventure Programs are active programs that are run almost exclusively outdoors. You will be outside most of the time even if the weather is cold and wet. The key to an enjoyable outdoor experience is to be prepared. Please follow the suggested clothing/equipment list. Please bring extra warm clothes during the winter months and waterproof boots in all seasons. The weather and temperatures may be very different at Camp Weona so plan for the worst and hope for the best.

Bedding

Warm Sleeping Bag or several blankets and sheets.

Pillow if desired

Clothing

Waterproof hiking/work boot
(warm in winter)

2 pairs of shoes (sneakers not recommended in the winter)

Daily change of socks (warm socks in the winter)

Daily change of underwear (long underwear in winter)

2 pairs of long pants/jeans (A must for hiking/Ropes Course)

1 or 2 pairs of shorts

Several shirts (layered for warmth)

Heavy sweatshirt or sweater

Raincoat or poncho/rain pants if available

Winter hat/gloves or mittens/scarf

Windbreaker jacket or heavy jacket in winter

Bathing suit (if swimming)

2 Bath towels/washcloth

Toiletries

Comb/brush

Tissues

Lip balm/Vaseline

Soap/shampoo

Toothbrush/toothpaste

Sunscreen

Insect repellent (please DO NOT bring aerosol cans)

Essential Equipment

Water bottle

Flashlight

Day pack (to carry daily equipment, rainwear, water bottle, jacket, etc.)

Plastic bag for dirty laundry

Optional

Camera

Book/notebook/pencil

Stuffed animal

Sandals for shower

Please Do Not Bring

Chewing gum

Candy

Any food/soda

Weapons/Knives

Matches

Knives

Radios/cassette players

Money

Electronic games

Any "best" clothing

All medicine must be turned in to the teacher before arriving at camp. Medicine will be returned at end of trip.

Please be sure to mark everything with your first and last name!